

CALL SIGN		DEPARTURE		OFF BLOCK		COM name + suffix	FREQ	NAV name	FREQ															
TYPE		DESTINATION		AIRBORNE																				
DATE		ALTERNATE		TOUCH DOWN																				
CAPTAIN		EET		ON BLOCK																				
			TIMES	CHECKPOINTS	Minimum	Act	Maximum												DISTANCE					
ETO	RETO	ATO	LEG	TOT		Altitude	alt	Altitude	CH	DEV	MH	VAR	TH	WCA	TT	IAS	TAS	GS	LEG	TOT	WIND			
															VFR									
																VFR								

*G5 instrument shows MT

RT	DISTRESS	FLIGHT INFO	CTR-CROSSING	UITWIJK	ARRIVAL	NOTES
	Pan Pan Pan Pan Pan Pan/ Mayday Mayday Mday	Type Rules	Type Rules	Type Rules	Type Position	
	Callsign gnd station	Departure	Departure	Position	Altitude	
	Full own callsign	Destination	Destination	Altitude	Rules	
	Description of emergency	Position	Position	Separturne	ATIS	
	Intentions	Altitude	Req. Crossing route	Destination	For full stop landing or T/G	
	Any usefull information	ETA or FIR boundry	Altitude	Div. to .. Due to ..	Callsign	
		POB	Callsign	ATIS		
		Callsign		Callsign		